



SAN DIEGO  
HOUSING  
COMMISSION



# Resource Program for New Parents

Workshops will be available at no cost for parents with children ages 0 to 5 years old and those who are expecting a baby.

The New Parent Resource Program provides:

- Access to support groups
- Infant massage classes
- Parenting classes
- Diaper resources
- Resources for baby items

**SDHC Achievement Academy workshops and orientations are currently available online instead of on-site.**

For more information, please call **(619) 578-7451** or email **[achievementacademy@sdhc.org](mailto:achievementacademy@sdhc.org)**

## We're About People

SDHC Achievement Academy programs and workshops are available at no charge to families receiving federal Section 8 Housing Choice Vouchers and public housing residents of SDHC.



[www.sdhc.org](http://www.sdhc.org)