



Skills for Life

A Four-Week Series

Mondays & Wednesdays, 11 a.m. - 12 p.m.

Week 1:

February 4 Self Discovery: Who Am I?
February 6 Is Failure a Blessing in Disguise?

Week 2:

February 11 Formula for Success
February 13 The Purpose of Adversity

Week 3:

February 18 Perseverance: The Master Key
February 20 Your Life's Next Chapter

Week 4:

February 25 The Significant Life
February 27 The Recipe for Greatness

This free program, which is open to the public, will help participants build self-confidence and address challenges in their lives. Staff from the nonprofit organization Real Life Skills will facilitate the series.

South Metro Career Center

4389 Imperial Ave.
San Diego, CA 92113

Sign Up Now

(619) 578-7459
Tinesiac@sdhc.org

The San Diego EnVision Center is a collaborative effort, selected by the U.S. Department of Housing and Urban Development, to promote financial self-reliance among federal rental assistance participants and public housing residents. Services are offered in four areas: Economic Development, Educational Advancement, Health and Wellness, and Character and Leadership Development.



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