November 5, 2013

We are honored to have Interim Mayor Todd Gloria serve as Honorary Chair for The 8th Project Homeless Connect-Downtown. The one-day resource fair will be held on December 4, 2013, in Golden Hall at the San Diego Concourse in downtown San Diego.

To better understand the homeless population we serve, the San Diego Housing Commission (SDHC) gathered information from those who participated in The 7th Project Homeless Connect about their life circumstances. That information is contained in this 2013 Project Homeless Connect Report.

At The 7th Project Homeless Connect, held on January 30, 2013, 71 service providers and 604 volunteers came together to assist 1,143 homeless individuals. They provided haircuts, flu shots, health and dental screenings, clothing, food and additional free services.

The 8th Project Homeless Connect will be the fourth consecutive time that SDHC will be the lead organizer. SDHC provides financial support and, through SDHC’s website, volunteer recruitment for the event.

Without the support of our elected officials, local businesses and the community, this resource fair to assist homeless residents would not be possible.

SDHC’s major organizing partners for Project Homeless Connect are the Interfaith Shelter Network, Family Health Centers of San Diego and St. Vincent de Paul Village.

This 2013 Project Homeless Connect report reveals the diverse challenges homeless individuals in the City of San Diego face and the need for a multifaceted approach to address homelessness.

Sincerely,

Richard C. Gentry
President & Chief Executive Officer
San Diego Housing Commission
2013 Project Homeless Connect Participant Information

In addition to serving homeless San Diegans, Project Homeless Connect presents a unique opportunity each year to learn more about the men and women who make up the homeless population in the City of San Diego.

The 1,143 homeless people who attended The 7th Project Homeless Connect on January 30, 2013, in Golden Hall at the San Diego Concourse in downtown San Diego were asked to provide information about themselves. Their responses are the basis for this report.

Tim, 56, was among the 85.9 percent of attendees who said they were unemployed. Homeless for about a month after losing a janitorial maintenance job, Tim picked up a pair of dress shoes (“for my job interviews”), casual shoes for walking around, a shirt and slacks. Tim received the kind of help he once provided to others. In the mid-1980s, he distributed clothes as a volunteer at holiday events for homeless San Diegans sponsored by the City of San Diego.

Nearly half of those who attended Project Homeless Connect—48.6 percent—said they were living on the streets; another 18.0 percent were residing at emergency shelters; and 12.2 percent lived with family or friends.

Ronald, 37, had been homeless on-and-off for about seven years. He picked up new jeans, shoes and socks, a sweatshirt and some other warm clothes along with information on housing for him and his pregnant fiancée.

“It’s really nice that the community came together to be able to help people,” Ronald said. “There are a lot of people in need.”

Additional characteristics of Project Homeless Connect participants:

- 69.6 percent of homeless men and women were between the ages of 41 and 70.
- 63.6 percent of those served were male.
- 36.4 percent were female.
- 33.0 percent live on monthly income of $999 or less.
- 18.9 percent were Hispanic.
- 58.4 percent were white; 26 percent were black or African-American.
- 16.6 percent of the attendees were military veterans.
- 81.5 percent were single.
- 52.0 percent had a medical condition or disability.
- 31.7 percent had mobility limitations.
- More than half—54.9 percent—relied on clinics for health care, while 23.1 percent access health care at emergency rooms or hospitals; another 16.3 percent said they do not go anywhere for health care.
- 47.9 percent said they had mental health issues, but only 32.4 percent said they were receiving mental health treatment.
- 82.1 percent said they do not abuse alcohol, and 81.7 percent declined to say if they abuse drugs.
- 92.9 percent declined to say if they were receiving alcohol treatment; and 94.9 percent declined to say if they were receiving treatment for drug abuse.
- 8 percent were families with children.

This report was compiled by SDHC’s Housing Innovations Department.
2013 Project Homeless Connect Statistics

Participants / Services Received

1,143  Completed intake form  27  Medical screenings at mobile clinic
160  Dental screenings  400  Haircuts provided by hair stylists
186  Flu shots

Agencies & Volunteers

71  Health and Social Service Agencies  604  Volunteers
50+  Agency staff at PHC
Demographics

Gender

- Male: 63.6% (727)
- Female: 36.4% (416)

Age

- 20 and Under: 2.1% (24)
- 21-30: 10.7% (122)
- 31-40: 15.6% (178)
- 41-50: 26.0% (297)
- 51-60: 34.1% (390)
- 61-70: 9.5% (109)
- 71 and Older: 2.0% (23)

Percentages do not total 100 because of rounding to the nearest tenth.

Race

- American Indian or Alaskan Native: 3.3% (38)
- Asian: 2.1% (24)
- Black or African American: 25.7% (294)
- Native Hawaiian or Pacific Islander: 1.5% (17)
- No Answer: 9.0% (103)
- White: 58.4% (667)

Hispanic

- Yes: 18.9% (216)
- No: 67.5% (772)
- No Answer: 13.6% (155)

Veterans

- Yes: 16.6% (190)
- No: 83.3% (952)
- No Answer: 0% (1)

Percentages do not total 100 because of rounding to the nearest tenth.
Families

Family Type

- Single: 81.5% (931)
- One-Parent Family w/Children: 4.7% (54)
- Two Parent Family w/Children: 3.3% (38)
- Couple Without Children: 5.9% (67)
- Other: 4.6% (53)

Have Minor Children

- Yes: 8.0% (91)
- No: 92% (1051)
- No Answer: 0% (1)
Medical and Mental Health Conditions

Medical Conditions or Disabilities

Yes: 52.0% (594)
No: 43.9% (502)
No Answer: 4.1% (47)

Mobility Limitations

Yes: 31.7% (362)
No: 62.6% (715)
No Answer: 5.8% (66)

Percentages do not total 100 because of rounding to the nearest tenth.

Mental Health Issue

Yes: 47.9% (548)
No: 47.9% (548)
No Answer: 4.1% (47)

Percentages do not total 100 because of rounding to the nearest tenth.

Mental Health Treatment

Yes: 32.4% (370)
No: 49.3% (564)
No Answer: 18.3% (209)

Percentages do not total 100 because of rounding to the nearest tenth.
Substance Abuse

Alcohol Abuse

- Yes: 12.6% (144)
- No: 82.1% (938)
- No Answer: 5.3% (61)

Alcohol Treatment

- Yes: 4.3% (49)
- No: 2.8% (32)
- No Answer: 92.9% (1062)

Drug Abuse

- Yes: 11.9% (136)
- No: 6.4% (73)
- No Answer: 81.7% (934)

Drug Treatment

- Yes: 3.6% (41)
- No: 1.5% (17)
- No Answer: 94.9% (1085)
**Living Situation**

- **Emergency Shelter**: 18.0% (206)
- **Transitional Housing**: 5.2% (59)
- **Homeless on Streets**: 48.6% (556)
- **Safe Haven**: 0.3% (4)
- **Group Home**: 0.6% (7)
- **Hotel/Motel**: 3.4% (39)
- **Renting**: 3.5% (40)
- **Treatment Facility**: 0.5% (6)
- **Subsidized Housing**: 0.8% (9)
- **Family/Friends**: 12.2% (139)
- **Homeless in Vehicle**: 3.1% (35)
- **No Answer**: 3.0% (34)
- **Other**: 0.8% (9)
Summary of Employment Status

- Unemployed: 85.9% (982)
- Part-Time: 3.8% (44)
- Full-Time: 0.9% (10)
- Seasonal Worker: 0.4% (5)
- Student: 0.7% (8)
- Retired: 2.6% (30)
- No Answer: 5.1% (58)
- Self-Employed: 0.5% (6)
Healthcare Access*

*Participants selected more than one answer
Summary of Monthly Income

- $1 - $250: 11.3% (129)
- $251 - $500: 3.1% (35)
- $501 - $999: 18.6% (213)
- $1,000 - $2,000: 3.4% (39)
- No Answer: 63.6% (727)
Legal Services Requested

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<thead>
<tr>
<th>Service</th>
<th>Percentage</th>
<th>Count</th>
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<tbody>
<tr>
<td>Misdemeanor</td>
<td>3.6%</td>
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<tr>
<td>Felony</td>
<td>1.4%</td>
<td>16</td>
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<tr>
<td>Warrants</td>
<td>1.5%</td>
<td>17</td>
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<tr>
<td>Probation/Parole</td>
<td>1.3%</td>
<td>15</td>
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<tr>
<td>Other</td>
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<tr>
<td>Family Law</td>
<td>4.6%</td>
<td>53</td>
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<tr>
<td>Consumer Law</td>
<td>2.1%</td>
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<tr>
<td>Housing/Landlord</td>
<td>3.3%</td>
<td>38</td>
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<tr>
<td>Public Benefits</td>
<td>6.4%</td>
<td>73</td>
</tr>
<tr>
<td>None</td>
<td>68.8%</td>
<td>786</td>
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</tbody>
</table>
The San Diego Housing Commission, lead organizer for Project Homeless Connect. Our main organizing partners, Family Health Centers of San Diego, St. Vincent de Paul Village, and Interfaith Shelter Network.

**Community Partners - Thank You!**

- Alpha Project
- Bellus Academy of Hair Design
- California Hair Design
- Catholic Charities Diocese of San Diego – Homeless Women’s Services
- Center for Justice and Social Compassion
- Central Region Public Health Center
- Community Research Foundation (CRF)
- Areta Crowell BPSR Center
- Douglas Young BPSR Center
- Downtown Impact
- Heartland Center
- South Bay Guidance Wellness and Recovery Center
- County of San Diego
- Behavioral Health Services
- Health and Human Services Agency – Centre City Family Resource Center
- Metro Family Resource Center
- Downtown San Diego Partnership
- East County Transitional Living Center
- Episcopal Community Services - Friend to Friend
- Kaplan College Nursing Program
- Legal Aid Society of San Diego, Inc.
- Consumer Center for Health Education and Advocacy
- McAlister Institute - HOPE
- Melody’s Mobile Dental Hygiene
- Mental Health America of San Diego County
- Mental Health Systems (MHS)
- MHS - Center Star Assertive Community Treatment (ACT)
- National Center for Deaf Advocacy
- Neighborhood House Association
- People Assisting the Homeless (PATH)
- Phoenix House
- Point Loma Nazarene University - Nursing Program
- Recovery Innovations
- San Diego Book Project
- San Diego County Dental Society
- San Diego Humane Society
- San Diego Rescue Mission
- San Diego Volunteer Lawyer Program
- San Diego Youth Services
- Second Chance
- Sharp Memorial Hospital - stroke risk factor screenings
- Team First Lady San Diego
- The Association for Community Housing Solutions (TACHS)
- The Salvation Army
- Adult Rehabilitation Center
- Centre City Corps Community Center Corp.
- Centre City Corps Community Center, Family & Social Service Office
- Shelter Transition Employment Program Services (STEPS)
- U.S. Department of Housing & Urban Development
- University of California, San Diego (UCSD)
- Bridges to Recovery - substance abuse treatment
- Gifford Clinic - health screenings
- Hepatitis Care Connection Program
- Union of Pan Asian Communities Counseling & Treatment Center
- Veterans Community Services
- Veterans Village of San Diego
- Courage to Call
- Volunteers of America
- YMCA Childcare Resource Service
- YWCA of San Diego County

**Food**

- David Ross “The Waterman” - 700 bottles of water
- Einstein Brothers Bagels, San Carlos - bagels
- James Justus - 700 bottles of water
- Just Call Us Volunteers - salad and bread
- Souplantation, La Mesa - muffins
- San Diego Rescue Mission - desserts and beverages
- St. Vincent de Paul Village – 1,200 meals
- The Coca-Cola Company - 1,150 bottles of water

**Clothing**

- Cleary Company - 1,000 pairs of shoes
- San Diego Housing Commission staff - 700 pairs of socks
- The Gold Diggers - shoes and socks

**Toiletries**

- Dr. David E. Brockett - dental supplies
- Dr. Kriston Gallipeau (Bankers Hill Dental) - dental supplies
- Jack Elmore - toiletries
- ResMed - 1,200 backpacks
- San Diego Dental Society - 500 toothbrushes, toothpaste and floss
- San Diego Gas & Electric - 1,200 first aid kits
- Sunstar Butler - toothbrushes and dental floss

**Intake Technology**

- Hewlett Packard - wireless cards
- Windstream - wireless network for the day
- Cox Communications - increased bandwidth for Golden Hall – day of event

**Large Donations - Thank You!**

**Food**

- Cox Communications - increased bandwidth for Golden Hall – day of event

**Clothing**

- Kaplan College Nursing Program

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**600-Plus Volunteers - Thank You!**

The Housing Innovations Department of the San Diego Housing Commission prepared the Project Homeless Connect Report and Data Analysis.