

SDHC Achievement Academy One-on-One Career Training

The SDHC Achievement Academy will help you design your own career path. Learn the skills and techniques you need to enter and advance within the job market.

Call for an Appointment Today

619-578-7451 or email achievementacademy@sdhc.org

Identify Your Career Traits

The Myers-Briggs Type Indicator® (MBTI®) assessment is one of the world's most popular tools to help individuals understand how their preferences influence their career choices.

It's simple and introduces a common language for referring to personality preferences and discussing how they play an essential role in everyday life.

Understanding yourself and others provides a unique perspective and opens up possibilities in your job, your relationships and your life.



**MAKE BETTER
DECISIONS**



**COMMUNICATE
MORE EFFECTIVELY**



**MANAGE AND
PREVENT STRESS**



**SET AND
ACHIEVE GOALS**



**BUILD STRONG
RELATIONSHIPS**



**FOCUS YOUR
CAREER PLANS**

We're About People

SDHC Achievement Academy programs and workshops are available at no charge to families receiving Federal Section 8 Housing Choice Vouchers and public housing residents of SDHC.



Established in 1979, the San Diego Housing Commission provides a variety of award-winning affordable housing programs and services that stimulate the local economy, revitalize neighborhoods, and impact the lives of low-income and homeless San Diegans.

San Diego Housing Commission | 1122 Broadway, Suite 300 | San Diego, CA 92101 | www.sdhc.org